November 2026

Dodge Park Rest Home & Day Club

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Daylight Saving Time Ends** 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Congregational Bible Study 10:30- Singing Hymns of Praise 2:00- History of Daylight Savings Colors of the Season 3:00- Conversation Ball Toss **3:30- Live Music w/ Lenny Z.** 6:30- Manicure Stations Holiday Group Discussions	2 6:30- Coffee Cart & Local News 10:00- What We Are Thankful For **10:30- Catholic Mass w/ Father E.** 11:00- 1950's Thanksgiving Rewind 2:15- Daily Chronicle **2:30- Group Exercise w/ Paula S.** Counting Steps Walking Group 3:30- November Pictionary 6:30- Thankfulness Mining 7:00- Page Turner Book Club	3 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Move & Groove Workouts Kindred Hearts Group Builders **10:30- Catholic Mass w/ Father E.** 2:15- Harvest Mad Libs **2:30- Live Music w/ Sean F.** Companion Corner 3:30- Thankful A-Z List 6:30- Meditation & Mindfulness	4 6:30- Coffee Cart & Local News 10:00- Homemade Cards & Stamps **10:15- Art Therapy w/ Lynda S.** Ping Pong Gatherers **10:30- Catholic Mass w/ Father E.** **2:30- Live Music w/ Russ R.** Coloring with Intention 3:30- Autumn Poetry 6:30- Bucket Ball Toss 7:00- Family Friendly Movie Night	5 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:15- Parachute Circle Group Table Top Settings Classic Holiday Recipes 2:15- Group Boggle **2:30- Group Exercise w/ Paula S.** 3:30- Chain Reaction Word Game 6:30- Big Board Jeopardy 7:00- Chicken Soup For The Soul	6 6:30- Coffee Cart & Local News **10:15- Seated Yoga w/ Bonnie D.** **Art Therapy w/ Lynda S.** Water Doodle Creations 11:00- Leaf Peeping Tours 2:15- Linked Senior Trivia **2:30- Live Music w/ Rusty G.** **3:15- Cranberry Smash Social** 3:30- Hand Held Bingo 6:30- Evening Tai Chi & Reflections	7 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Bucket Ball Table Top Shuffle Board Page Turner Book Club 11:00- Karaoke Sing-Along 2:15- Residents Write a Story **2:30- Live Music w/ Sandy R.** 3:30- Silver Sneakers Aerobics 7:00- Holidays with Hallmark
8 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Congregational Bible Study 10:30- Singing Hymns of Praise 2:15- Our Favorite Side Dishes **2:30- Live Music w/ TBA** 3:30- Colors of the Season 4:00- Visiting Plimoth Patuxet 6:30- Manicure Stations Holiday Group Discussions	9 6:30- Coffee Cart & Local News 10:00- What We Are Thankful For **10:30- Catholic Mass w/ Father E.** 11:00- 1950's Thanksgiving Rewind 2:15- Daily Chronicle **2:30- Group Exercise w/ Paula S.** Counting Steps Walking Group 3:30- November Pictionary 6:30- Thankfulness Mining 7:00- Page Turner Book Club	10 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Move & Groove Workouts Kindred Hearts Group Builders **10:30- Catholic Mass w/ Father E.** 2:15- Harvest Mad Libs **2:30- Live Music w/ Jodie R.** Companion Corner 3:30- Thankful A-Z List 6:30- Meditation & Mindfulness	11 **Veterans Day** 6:30- Coffee Cart & Local News 10:00- Patriotic Sing-A-Long **10:15- Art Therapy w/ Lynda S.** Ping Pong Gatherers **10:30- Catholic Mass w/ Father E.** **2:30- Live Music w/ Bill M.** Coloring with Intention **3:30- Honoring Our Veterans** 6:30- Bucket Ball Toss 7:00- Family Friendly Movie Night	12 **Dodge Park Family Party** 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:15- Parachute Circle Group Table Top Settings Classic Holiday Recipes 2:15- Group Boggle **2:30- Live Music w/ Rockin' Robin** 3:30- Chain Reaction Word Game 6:30- Big Board Jeopardy 7:00- Chicken Soup For The Soul	13 6:30- Coffee Cart & Local News **10:15- Seated Yoga w/ Bonnie D.** **Art Therapy w/ Lynda S.** Water Doodle Creations 11:00- Leaf Peeping Tours 2:15- Linked Senior Trivia **2:30- Live Music w/ Curtis M.** **3:15- Cranberry Smash Social** 3:30- Hand Held Bingo 6:30- Evening Tai Chi & Reflections	14 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Bucket Ball Table Top Shuffle Board Page Turner Book Club 11:00- Karaoke Sing-Along 2:15- Residents Write a Story **2:30- Live Music w/ Tom G.** 3:30- Silver Sneakers Aerobics 7:00- Holidays with Hallmark
15 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Congregational Bible Study 10:30- Singing Hymns of Praise 2:15- Our Favorite Side Dishes **2:30- Live Music w/ Gary L.** 3:30- Colors of the Season 4:00- Visiting Plimoth Patuxet 6:30- Manicure Stations Holiday Group Discussions	16 6:30- Coffee Cart & Local News 10:00- What We Are Thankful For **10:30- Catholic Mass w/ Father E.** 11:00- 1950's Thanksgiving Rewind 2:15- Daily Chronicle **2:30- Group Exercise w/ Paula S.** Counting Steps Walking Group 3:30- November Pictionary 6:30- Thankfulness Mining 7:00- Page Turner Book Club	17 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Move & Groove Workouts Kindred Hearts Group Builders **10:30- Catholic Mass w/ Father E.** 2:15- Harvest Mad Libs **2:30- Birthdays w/ Arizona Doug** Companion Corner 3:30- Thankful A-Z List 6:30- Meditation & Mindfulness	18 6:30- Coffee Cart & Local News 10:00- Homemade Cards & Stamps **10:15- Art Therapy w/ Lynda S.** Ping Pong Gatherers **10:30- Catholic Mass w/ Father E.** **2:30- Live Music w/ John M.** Coloring with Intention 3:30- Autumn Poetry 6:30- Bucket Ball Toss 7:00- Family Friendly Movie Night	19 6:30- Coffee Cart & Local News 7:30- Daily Chronicle **10:00- Resident Council** 10:15- Parachute Circle Group Classic Holiday Recipes 2:15- Group Boggle **2:30- Live Music w/ Jeff T.** 3:30- Chain Reaction Word Game 6:30- Big Board Jeopardy 7:00- Chicken Soup For The Soul	20 6:30- Coffee Cart & Local News **10:15- Seated Yoga w/ Bonnie D.** **Art Therapy w/ Lynda S.** Water Doodle Creations 11:00- Leaf Peeping Tours 2:15- Linked Senior Trivia **2:30- Live Music w/ Jim P.** **3:15- Cranberry Smash Social** 3:30- Hand Held Bingo 6:30- Evening Tai Chi & Reflections	21 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Bucket Ball Table Top Shuffle Board Page Turner Book Club 11:00- Karaoke Sing-Along 2:15- Residents Write a Story **2:30- Live Music w/ Kevin W.** 3:30- Silver Sneakers Aerobics 7:00- Holidays with Hallmark
22 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Congregational Bible Study 10:30- Singing Hymns of Praise 2:15- Our Favorite Side Dishes **2:30- Live Music w/ Jordan G.** 3:30- Colors of the Season 4:00- Visiting Plimoth Patuxet 6:30- Manicure Stations Holiday Group Discussions	23 6:30- Coffee Cart & Local News 10:00- What We Are Thankful For **10:30- Catholic Mass w/ Father E.** 11:00- 1950's Thanksgiving Rewind 2:15- Daily Chronicle **2:30- Group Exercise w/ Paula S.** Counting Steps Walking Group 3:30- November Pictionary 6:30- Thankfulness Mining 7:00- Page Turner Book Club	24 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Move & Groove Workouts Kindred Hearts Group Builders **10:30- Catholic Mass w/ Father E.** 2:15- Harvest Mad Libs **2:30- Live Music w/ Sean F.** Companion Corner 3:30- Thankful A-Z List 6:30- Meditation & Mindfulness	25 6:30- Coffee Cart & Local News 10:00- Homemade Cards & Stamps **10:15- Art Therapy w/ Lynda S.** Ping Pong Gatherers **10:30- Catholic Mass w/ Father E.** **2:30- Live Music w/ TBA** Coloring with Intention 3:30- Autumn Poetry 6:30- Bucket Ball Toss 7:00- Family Friendly Movie Night	26 **Thanksgiving Day** 6:30- Coffee Cart & Local News **8:30- Macy Day Parade Live!** 10:15- Sing Together: Over the River & Through the Woods 10:30- Big Board Jeopardy **12:30-Traditional Meal & Social** **2:30- Group Exercise w/ Paula S.** 3:30- Chain Reaction Word Game 6:30- Songs of Gratitude 7:00- Chicken Soup for the Soul	27 6:30- Coffee Cart & Local News **10:15- Seated Yoga w/ Bonnie D.** **Art Therapy w/ Lynda S.** Water Doodle Creations 11:00- Leaf Peeping Tours 2:15- Linked Senior Trivia **2:30- Live Music w/ Heather R.** **3:15- Cranberry Smash Social** 3:30- Hand Held Bingo 6:30- Evening Tai Chi & Reflections	28 6:30- Coffee Cart & Local News 7:30- Daily Chronicle 10:00- Bucket Ball Table Top Shuffle Board Page Turner Book Club 11:00- Karaoke Sing-Along 2:15- Residents Write a Story 2:30- Silver Sneakers Aerobics **3:30- Live Music w/ Lenny Z.** 7:00- Holidays with Hallmark
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Dodge Park Rest Home & Day Club 101 Randolph Road, Worcester, Ma 01606 Amy Laba, Activity Director *Activities are Subject to Change *