

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026

Dodge Park Rest Home &amp; Day Club



|   |   |   |   |  |   |  |
|---|---|---|---|--|---|--|
| <p>6:30- News Catch Up &amp; Coffee<br/>10:00- Guided Aerobics Circle<br/>10:30- Black History Month Stories<br/>11:00- Hebert Candy Mansion Tour<br/>2:00- Family Feud Whiteboard<br/><b>2:30- Live Music with Jordan G.</b><br/>3:30- Would You Rather Polls<br/>4:00- February Poetry Corner<br/>6:30- Aromatherapy<br/>7:00- At the Movies: Hidden Figures</p>                | <p><b>1</b> <b>Groundhog Day</b> <b>2</b><br/>6:30- Our Shadow Predictions<br/>Crafting Groundhog Headbands<br/><b>7:00- Live from Punxsutawney, Pa</b><br/>10:00- Name 10 February Edition<br/><b>10:30- Catholic Mass w/ Father E.</b><br/>2:00- Red, Pink, Purple Categories<br/><b>2:30- Group Exercise with Paula S.</b><br/>3:30- Black History Contributions<br/>6:30- The Newlywed Game</p> | <p>6:30- Hot Chocolate Cart<br/>Mindful Coloring<br/>10:00- Valentine's Symbolism<br/><b>10:30- Catholic Mass w/ Father E.</b><br/>11:00- Chocolate Making Tutorial<br/>2:00- Learn About Milano Cortina<br/><b>2:30- Live Music with Sean F.</b><br/>Manicure Stations<br/>3:30- Snowball Toss<br/>7:00- Rom Com Rewind</p>  | <p><b>3</b> 6:30- Morning News &amp; Tea<br/><b>10:00- Art Therapy with Lynda S.</b><br/><b>10:30- Catholic Mass w/ Father E.</b><br/>Dodge Park Walking Club<br/>11:00- Golden Hollywood Couples<br/>2:00- Black History Inventions<br/><b>2:30- Live Music with Bill M.</b><br/>3:30- White Board Word Games<br/>4:00- Jeopardy Questions<br/>7:00- National Geographic Travels</p>                                     | <p><b>4</b> 6:30- February Craft Kits &amp; Coffee<br/>10:00- Daily Chronicle Reading<br/>Kindred Hearts Stretches<br/>10:15- Dodge Park Bakery<br/>2:00- Residents Write A Story<br/><b>2:30- Group Exercise with Paula S.</b><br/>3:30- What Am I?<br/>4:00- Winter Bird Web Cam<br/>6:30- Large Scale Crossword<br/>7:00- The Great British Bake Off</p>                | <p><b>5</b> <b>Olympics Begin</b> <b>6</b><br/><b>10:00- Guided Yoga with Bonnie D.</b><br/><b>Art Therapy with Lynda S.</b><br/>11:00- Meet the Olympic Mascots<br/>Olympic Torch Relay<br/><b>2:00- Opening Ceremonies Live!</b><br/>Winter Sports List Off<br/><b>2:30- Live Music with Mike O.</b><br/>3:30- Balloon Toss Up<br/>6:30- Learn About Bobsleigh<br/>7:00- At the Movies: Cool Runnings</p> | <p>6:30- Tracking the Gold Metals<br/>10:00- Table Top Games<br/>10:30- Alley Cats Bowling<br/>2:00- Olympic Sports Spotlight:<br/>Alpine Skiing, Cross Country Skiing<br/><b>3:15- Live Music with Lenny Z.</b><br/>3:30- Historical Olympic Moments<br/>4:00- Walk for Peace Updates<br/>6:30- Manicure Stations &amp; Massage<br/>7:00- At the Movies: Ice Story 2025</p> |
| <p><b>Superbowl Sunday</b> <b>8</b><br/>6:30- News Catch Up &amp; Coffee<br/>10:00- Football Photo Opportunity<br/><b>10:30- Tailgate Social</b><br/>11:00- Favorite Commercial Rewind<br/>2:00- Superbowl Facts &amp; Trivia<br/>Score Predictions<br/><b>2:30- Live Music with Paul B.</b><br/>3:30- Would You Rather Polls<br/><b>6:30- 2026 Superbowl LX!</b></p>             | <p>6:30- Coffee Hour<br/>7:00- Flower Arrangements<br/>10:00- Olympic Sports Spotlight:<br/>Curling, Ski Mountaineering, Luge<br/><b>10:30- Catholic Mass w/ Father E.</b><br/>2:00- Red, Pink, Purple Categories<br/><b>2:30- Group Exercise with Paula S.</b><br/>3:30- Black History Contributions<br/>4:00- Handheld Bingo<br/>6:30- The Newlywed Game</p>                                      | <p><b>9</b> 6:30- Olympic Sports Spotlight:<br/>Speed Skating, Ice Hockey<br/>10:00- Valentine's Symbolism<br/><b>10:30- Catholic Mass w/ Father E.</b><br/>11:00- Chocolate Making Tutorial<br/>2:00- Learn About Milano Cortina<br/><b>2:30- Live Music with Jim P.</b><br/>Manicure Stations<br/>3:30- Snowball Toss<br/>7:00- At the Movies: Miracle</p>  | <p><b>10</b> 6:30- Morning News &amp; Tea<br/><b>10:00- Art Therapy with Lynda S.</b><br/><b>10:30- Catholic Mass w/ Father E.</b><br/>11:00- Golden Hollywood Couples<br/>2:00- Olympic Sports Spotlight:<br/>Figure Skating, Biathlon, Snowboard<br/><b>2:30- Live Music with Russ R.</b><br/>3:30- White Board Word Games<br/>4:00- Jeopardy Questions<br/>7:00- At the Movies: Ice Princess</p>                       | <p><b>11</b> 6:30- February Craft Kits &amp; Coffee<br/>10:00- Olympic Sports Spotlight:<br/>Freestyle Skiing, Skeleton,<br/>11:00- Walk for Peace Updates<br/>2:00- Romantic Trip To Paris, France<br/><b>2:30- Live Music with Tim B.</b><br/>3:30- Life in Paris<br/>4:00- Winter Bird Web Cam<br/>6:30- Large Scale Crossword<br/>7:00- The Great British Bake Off</p> | <p><b>12</b> <b>10:00- Guided Yoga with Bonnie D.</b><br/><b>Art Therapy with Lynda S.</b><br/>Dodge Park Walking Group<br/>11:00- History of Winter Olympics<br/>2:00- Meet The Athletes<br/><b>2:30- Group Exercise with Paula S.</b><br/>3:30- Balloon Toss Up<br/>4:00- Valentine Famous Couples<br/>6:30- Seasonal Sing-a-long<br/>7:00- Hallmark Love Stories</p>                                     | <p><b>13</b> <b>14</b><br/>6:30- Coffee &amp; Conversations<br/>10:00- Making Valentines<br/>Table Top Games<br/><b>10:30- Sweetheart Social</b><br/>2:00- Valentine Photo Opportunity<br/><b>2:30- Live Music with Sandy R.</b><br/>3:30- Historical Olympic Moments<br/>4:00- Walk for Peace Updates<br/>6:30- Manicure Stations &amp; Massage</p>                         |
| <p>6:30- News Catch Up &amp; Coffee<br/>10:00- Guided Aerobics Circle<br/>10:30- Black History Month Stories<br/>11:00- Hebert Candy Mansion Tour<br/>2:00- Family Feud Whiteboard<br/><b>2:30- Live Music with Jordan G.</b><br/>3:30- Would You Rather Polls<br/>4:00- February Poetry Corner<br/>6:30- Aromatherapy<br/>7:00- Family Friendly Programming</p>                  | <p><b>15</b> <b>President's Day</b> <b>16</b><br/>6:30- Coffee Hour<br/>7:00- Flower Arrangements<br/>10:00- Morning Exercises<br/>All About President's Day<br/><b>10:30- Catholic Mass w/ Father E.</b><br/><b>2:00- February Birthday Party</b><br/><b>2:30- Group Exercise with Paula S.</b><br/>3:30- Black History Contributions<br/>6:30- The Newlywed Game</p>                              | <p><b>17</b> <b>9:00- Live From New Orleans!</b><br/>6:30- Morning News &amp; Tea<br/>10:00- About Chinese New Year<br/><b>10:30- Catholic Mass w/ Father E.</b><br/>11:00- New Orleans History<br/>2:00- Resident Mardi Gras Parade<br/><b>2:30- Live Music with Rockin' Robin</b><br/>Manicure Stations<br/>3:30- Photo Opportunities<br/>6:30- Discover New Orleans<br/>7:00- Rom Com Rewind</p> | <p><b>18</b> <b>Ash Wednesday</b> <b>19</b><br/>6:30- Morning News &amp; Tea<br/><b>10:00- Art Therapy with Lynda S.</b><br/><b>10:30- Ash Distribution Father E.</b><br/>Dodge Park Walking Club<br/>11:00- Golden Hollywood Couples<br/>2:00- Black History Inventions<br/><b>2:30- Live Music with John M.</b><br/>3:30- White Board Word Games<br/>4:00- Jeopardy Questions<br/>7:00- National Geographic Travels</p> | <p>6:30- Current Events Circle<br/>10:00- Olympic Sports Spotlight:<br/>Ski Jumping, Nordic Combined<br/>10:15- Dodge Park Bakery<br/>2:00- Residents Write A Story<br/><b>2:30- Live Music with Heather R.</b><br/>3:30- What Am I?<br/>4:00- Winter Bird Web Cam<br/>6:30- Large Scale Crossword<br/>7:00- The Great British Bake Off</p>                                | <p><b>20</b> <b>10:00- Guided Yoga with Bonnie D.</b><br/><b>Art Therapy with Lynda S.</b><br/>Dodge Park Walking Group<br/>11:00- History of Winter Olympics<br/>2:00- Meet The Athletes<br/><b>2:30- Live Music with Arizona Doug</b><br/>3:30- Balloon Toss Up<br/>4:00- Valentine Famous Couples<br/>6:30- Seasonal Sing-a-long<br/>7:00- Hallmark Love Stories</p>                                     | <p>6:30- Coffee &amp; Conversations<br/>10:00- Table Top Games<br/>Watercolor Painting<br/>10:30- Alley Cats Bowling<br/>2:00- Charades<br/><b>2:30- Live Music with Rusty G.</b><br/>3:30- Historical Olympic Moments<br/>4:00- Walk for Peace Updates<br/>6:30- Manicure Stations &amp; Massage<br/>7:00- Johnny Carson</p>  |
| <p><b>Olympics Closing Ceremony</b> <b>22</b><br/>6:30- News Catch Up &amp; Coffee<br/>10:00- Guided Aerobics Circle<br/>10:30- Black History Month Stories<br/>11:00- Hebert Candy Mansion Tour<br/><b>2:00- Closing Ceremonies Live!</b><br/><b>3:15- Live Music with Lenny Z.</b><br/>3:30- Would You Rather Polls<br/>4:00- February Poetry Corner<br/>6:30- Aromatherapy</p> | <p>6:30- Coffee Hour<br/>7:00- Flower Arrangements<br/>10:00- Morning Exercises<br/>Name 10 February Edition<br/><b>10:30- Catholic Mass w/ Father E.</b><br/>2:00- Red, Pink, Purple Categories<br/><b>2:30- Group Exercise with Paula S.</b><br/>3:30- Black History Contributions<br/>4:00- Handheld Bingo<br/>6:30- The Newlywed Game</p>   | <p>6:30- Hot Chocolate Cart<br/>Mindful Coloring<br/><b>10:00- Resident Council</b><br/><b>10:30- Catholic Mass w/ Father E.</b><br/>11:00- Chocolate Making Tutorial<br/>2:00- Winter Whiteboard Games<br/><b>2:30- Live Music with Sean F.</b><br/>Manicure Stations<br/>3:30- Snowball Toss<br/>7:00- Rom Com Rewind</p>   | <p><b>24</b> 6:30- Morning News &amp; Tea<br/><b>10:00- Art Therapy with Lynda S.</b><br/><b>10:30- Catholic Mass w/ Father E.</b><br/>Dodge Park Walking Club<br/>11:00- Golden Hollywood Couples<br/>2:00- Black History Inventions<br/><b>2:30- Live Music with Paul B.</b><br/>3:30- White Board Word Games<br/>4:00- Jeopardy Questions<br/>7:00- National Geographic Travels</p>                                    | <p><b>25</b> 6:30- February Craft Kits &amp; Coffee<br/>10:00- Daily Chronicle Reading<br/>Kindred Hearts Stretches<br/>11:00- Arm Chair Travels<br/>2:00- Residents Write A Story<br/><b>2:30- Group Exercise with Paula S.</b><br/>3:30- What Am I?<br/>4:00- Winter Bird Web Cam<br/>6:30- Large Scale Crossword<br/>7:00- The Great British Bake Off</p>               | <p><b>26</b> <b>27</b><br/><b>10:00- Guided Yoga with Bonnie D.</b><br/><b>Art Therapy with Lynda S.</b><br/>Dodge Park Walking Group<br/>11:00- Tours of Alaska<br/>2:00- A Through Z Vocabulary<br/><b>2:30- Live Music with Rockin Robin</b><br/>3:30- Balloon Toss Up<br/>4:00- Valentine Famous Couples<br/>6:30- Seasonal Sing-a-long<br/>7:00- Hallmark Love Stories</p>                             | <p>6:30- Coffee &amp; Conversations<br/>10:00- Table Top Games<br/>Watercolor Painting<br/>10:30- Alley Cats Bowling<br/>2:00- Charades<br/><b>2:30- Live Music with Gary L.</b><br/>3:30- Historical Olympic Moments<br/>4:00- Walk for Peace Updates<br/>6:30- Manicure Stations &amp; Massage<br/>7:00- Johnny Carson</p>   |