

***Our Support Group
Is Back!***

Memory Loss Caregiver's Support Group



**Share, Support, and Learn as
You Care for a Loved One
with Memory Loss**

- Are you caring for someone with Alzheimer's or dementia?
- Dealing with behavior that is challenging, difficult or frustrating?
- Feeling anxious, depressed or stressed?

Caring for a loved one with some form of memory loss is a challenging and often overwhelming task. Our complimentary support group is for caregivers and family members with loved ones suffering from Alzheimer's and dementia. It offers an informal setting to share feelings, ideas, concerns and even some laughter.

We can help caregivers with support, education and strategies to help you learn more about the disease and how to deal with difficult situations. We brainstorm creative solutions for challenging caregiving situations and each meeting is facilitated by a professional trained in Alzheimer's and dementia care.

Activity and supervision for memory impaired individuals will be provided for FREE by our professional team during the meeting. The caregivers support group is open and free to everyone.

Meet Dennis Goguen

Dennis Goguen received a Masters of Social Work from the University of Connecticut as well as a Masters of Education from Boston University. He has practiced social work for over 40 years in the public healthcare system and for the past 25 years has worked at Clinton Hospital's Geriatric Medical Psychiatry Unit working with older adults who suffer from progressive cognitive disorders and late life mental health issues. He has also been a caregiver to a loved one with dementia.

Mr. Goguen has been specially trained to lead support groups, has lectured on the subject of memory loss, is a trained social work educator and now leads one of our monthly Caregivers Support Groups.

**Please email Micha Shalev to attend our Caregiver's Support Group at
m.shalev@dodgepark.com**



**102 Randolph Road, Worcester, MA
OasisAtDodgePark.com • 508-853-8180**

The group will meet in the **Courtyard at Oasis** on
Wednesday, September 16, 2020 • 6pm-8pm
(weather permitting)

Dodge Park

