

The Day Club @ Dodge Park Rest Home

Calendar of Activities

Monday

10:00 Morning Exercise
10:30 Trivia Time

1:00 Afternoon Stretch
1:30 Music Challenge

3:45 Table Game
5:30 Reminiscing

Tuesday

10:00 Morning Exercise
10:30 Craft Class

1:00 Afternoon Stretch
1:30 Word Puzzle

3:45 Trivia Time
5:30 Reminiscing

Wednesday

10:00 Morning Exercise
10:30 Table Game

1:00 Afternoon Stretch
1:30 Painting Class

3:45 Music Challenge
5:30 Reminiscing

Thursday

10:00 Morning Exercise
10:30 Test Your Skills

1:00 Afternoon Stretch
1:30 Bingo

3:45 Word Puzzle
5:30 Reminiscing

Friday

10:00 Morning Exercise
10:30 Flower Arranging

1:00 Afternoon Stretch
1:30 Floor Game

3:45 Table Game
5:30 Reminiscing

Morning Meet & Greet - 7am til 10:00am

(Newspaper available for current events)

(Breakfast is offered upon arrival)

Lunch - 11:45

Dinner - 4:45

Coffee/Juice/Snack - 1:15 & 3:00

Weekend

Weekend Activities
are posted on the
Dodge Park Rest Home
Calendar



Special Events

Special Events are posted monthly
such as musical entertainment, trips
and holiday celebrations.

Religious Service Scheduled for those wishing to attend:

Catholic Mass , Protestant Service and Rosary
offered throughout the month.

"Discover the Dodge Park Difference"

Activities posted daily, subject to change and an alternate activity will be substituted.